Assignment: Family Assessment

Assessment is as essential to family therapy as it is to individual therapy. Although families often present with one person identified as the "problem," the assessment process will help you better understand family roles and determine whether the identified problem client is in fact the root of the family's issues.

Photo Credit: Getty Images

To prepare:

- Review this week's Learning Resources and reflect on the insights they provide on family assessment. Be sure to review the resource on psychotherapy genograms.
- Download the Comprehensive Psychiatric Evaluation Note Template and review the requirements of the documentation. There is also an exemplar provided with detailed guidance and examples.
- View the *Mother and Daughter: A Cultural Tale* video in the Learning Resources and consider how you might assess the family in the case study.

The Assignment

Document the following for the family in the video, using the Comprehensive Evaluation Note Template:

- Chief complaint
- History of present illness
- Past psychiatric history
- Substance use history
- Family psychiatric/substance use history
- Psychosocial history/Developmental history
- Medical history
- Review of systems (ROS)
- Physical assessment (if applicable)
- Mental status exam
- Differential diagnosis—Include a minimum of three differential diagnoses and include how you derived each diagnosis in accordance with *DSM-5* diagnostic criteria
- Case formulation and treatment plan
- Include a psychotherapy genogram for the family

Note: For any item you are unable to address from the video, explain how you would gather this information and why it is important for diagnosis and treatment planning.

By Day 7

Submit your Assignment.

Submission and Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention "WK2Assgn+last name+first initial.(extension)" as the name.
- Click the **Week 2 Assignment Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 2 Assignment** link. You will also be able to "View Rubric" for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as "WK2Assgn+last name+first initial.(extension)" and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:
Week 2 Assignment Rubric

Check Your Assignment Draft for Authenticity

To check your Assignment draft for authenticity:
Submit your Week 2 Assignment draft and review the originality report.

Submit Your Assignment by Day 7

To participate in this Assignment:
Week 2 Assignment